Funding for contraceptives

Up to their 22nd birthday, women are entitled to receive medically-prescribed contraceptives. Up to this age, the costs will be borne by the health insurance provider.

After their 22nd birthday, women must bear the cost for contraceptives themselves.

As the costs can be very high, the authorities for labour, social affairs, family and integration make it possible for Hamburg women with limited financial resources to receive funding for the costs as part of a project.

Applications are made through the Familienplanungszentrum e.V. (family planning centre) and pro familia Hamburg e.V. who also handle the funding for costs.

When is funding available?

Funding is available for Hamburg women who also find themselves in difficult circumstances, either financial or social.

You can make an application for funding for medically-prescribed contraceptives (not condoms), if the following apply to you:

- Your place of residence is Hamburg.
- You are 22 years of age or older and

You are receiving one of the following benefits:

- Unemployment benefit II or income support in accordance with the Social Code, book II ("Hartz 4"),
- Basic income/maintenance support in accordance with the Social Code, book XII,
- Benefits in accordance with AsylbLG (Asylum seekers benefits act),
- Benefits in accordance with BAföG (Vocational training grant act),
- Housing benefit,
- Child benefit or
- Vocational training allowance.

In addition, it is possible that there will be funding if your income is below the income threshold in accordance with § 85 of the Social Code, book XII. You can get information about this from the advice centres.

If you fulfil the conditions, you will receive a certificate for funding from the advice centre to give to the chemist or gynaecological practice. You then do not need to pay for the contraceptive yourself.

What documents do you need?

- Prescription and cost estimate, if necessary, (e.g. for coils) from your gynaecologist,
- up-to-date information about the social benefits mentioned above which have been granted or
- Proof of income and rental agreement for women on low income, in accordance with § 85 of the Social Code, book XII

How does the funding process work?

1. Make an appointment with your gynaecologist in order to obtain the prescription and cost estimate, if necessary.
2. Arrange an appointment at one of the two advice centres and bring the above-mentioned documents along with you. Caution: It is possible that you will have to wait.
3. After the documents are checked, you will receive approval for funding from the advice centres.
4. Take the approval for funding back to your gynaecologist or to the chemist and you will receive the contraceptive.
5. Your gynaecologist or chemist will send the approval for funding direct to the advice centre, together with the bill. You do not have to pay in advance.
6. The advice centre will pay the bill from your doctor or your chemist.

Information and application
You can contact the advice centres as follows:

**Familienplanungszentrum e.V.**
Bei der Johanniskirche 20
22767 Hamburg
[www.familienplanungszentrum.de](http://www.familienplanungszentrum.de)
Telephone: 040 / 439 28 22

Telephone office hours to arrange appointments:
- Monday, Wednesday, Thursday, Friday 10:00 am - 1:00 pm
- Tuesday, Thursday 4:00 pm - 6:00 pm

**pro familia Landesverband Hamburg e.V.**
Seewartenstraße 10, Haus 1
20459 Hamburg
[www.profamilia-hamburg.de](http://www.profamilia-hamburg.de)
Telephone: 040 / 309 974 910

Telephone office hours to arrange appointments:
- Monday, Tuesday, Thursday 10:00 am - 2:00 pm
- Wednesday 2:00 pm - 4:00 pm
- Friday 10:00 am - midday