

Bezirksamt Eimsbüttel, Grindelberg 62-66, D - 20144 Hamburg



District manager  
Kay Gätgens

Dear Parents,

I would like to congratulate you on the birth of your child.

A lot is changing in your life right now and exciting times lie ahead of you. For the coming time I wish you a lot of strength, serenity and of course a lot of joy.

We can support you with the following offers:

- We can answer questions about the care, nutrition and development of your child in our maternity counseling service.
- On request, we also offer a home visit by a (family) pediatric nurse. They will advise you on all questions relating to the family and the baby. (Phone: 42801-2980)

Our addresses and contact options can be found on the enclosed leaflet.

Current information and offers can be found on the internet at <http://www.hamburg.de/eimsbuettel/familien/1005360/muetterberatung/>

Today we are also sending you the letters to parents (Nos. 1 and 2) with suggestions, information and tips for the first 2 months of life. These letters to parents "grow with you" and can accompany you until your child is 8 years old.

If you are interested, simply send us back the enclosed green card. You will then receive further letters to parents on a regular basis.

I wish you all the best for your time with your child!

Yours,



Kay Gätgens  
District manager